EYEBROW TWEEZING PROCEDURE

IMPLEMENTS AND MATERIALS

Antiseptic lotion, cotton balls, disposable gloves, emollient cream, eyebrow brush, gentle eye makeup remover, soothing toner, towels, and tweezers

PROCEDURE

**Perform the standard pre-service procedure.**

**1. Cleanse the eyelid area.** Cleanse the eyelid area with cotton balls moistened with a gentle eye makeup remover.

**2. Brush the eyebrows.** Use a small brush to remove any powder or scaliness.

**3. Soften the brows.** Saturate two pledgets (tufts) of cotton or a towel with warm water and place over the brows. Allow the pledgets or towel to remain on the brows one to two minutes to soften and relax the eyebrow tissue. You may soften the brows and surrounding skin by rubbing a small amount of emollient cream into them.

**4. Apply toner.** Apply a mild toner on a cotton ball before tweezing.

**5. Remove the hairs between the brows.** When tweezing, stretch the skin taut with the index finger and thumb (or index and middle fingers) of your nondominant hand. Grasp each hair individually with tweezers and pull with a quick motion, always in the direction of growth. Tweeze between the brows and above the brow line first, because the area under the brow line is much more sensitive.

**6. Use an antiseptic.** Sponge the tweezed area frequently with cotton moistened with an antiseptic lotion to avoid infection.

**7. Brush the hair down.** Remove excessive hairs from above the eyebrow line, being careful to not create a hard line with the top of the brow. Shape the upper section of one eyebrow, and then shape the other. Frequently sponge the area with toner.

**8. Brush the hairs up.** Remove hairs from under the eyebrow line. Shape the lower section of one eyebrow, and then shape the other. Sponge the area with toner. Optional: Apply emollient cream and massage the brows. Remove the cream with cool, wet cotton pads.

**9. Apply toner.** After tweezing is completed, sponge the eyebrows and surrounding skin with a toner to soothe the skin.

**10. Brush the eyebrow hair to its normal position.**

**Complete the standard post-service procedure.**

**Eyebrow tweezing sequencing**

| **Correct Order** | **Step** |
| --- | --- |
| 5 | Remove the hairs between the brows. |
| 1 | Cleanse the eyelid area. |
| 2 | Brush the eyebrows. |
| 10 | Brush the eyebrow hair to its normal position. |
| 3 | Soften brows. |
| 6 | Sponge the tweezed area with antiseptic. |
| 4 | Apply a mild toner. |
| 7 | Brush the hair down and remove hairs from above the eyebrow line. |
| 9 | Sponge the area with toner to soothe the skin. |
| 8 | Brush the hairs up and remove hairs from under the eyebrow line. |